

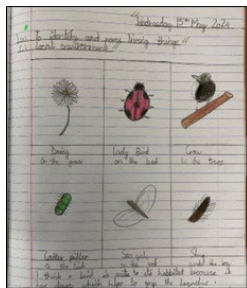


## GXO Collaboration

This year we have had the pleasure of working with GXO who have provided both schools with many lovely resources including planters, benches, flowers and insect hotels! They have also given us their time and expertise, in total over 30 employees of GXO have contributed to the ongoing project.



The children at Pepper Hill have been preparing to plant the 'King Charles' wildflower seeds in their new wild flower planters.



The children at Stanton have already benefited from our new vegetable garden. As part of their Science topic 'Living things and their Habitats', the Year 4 children embarked on an exciting exploration of the sensory garden, where they investigated a variety of mini-

beasts and their micro habitats. The Year 5 children learnt about vegetable rationing during World War II, gaining insight into the challenges people faced with limited food supplies. Inspired by this historical context, they then designed and cooked their own vegetable pies.



## Year 4 Times Tables



Year 4 are working extremely hard in preparation for the statutory 'Year 4 Multiplication Check' which they will sit after half term. They are looking forward to celebrating their hard work with a Times Table Rockstars Day and a long-awaited Times Table Battle between the classes.

## Books for Breakfast



Thank you to all the parents and children who joined us for Books for Breakfast at Pepper Hill. Everyone had a great time sharing books with a croissant and a coffee.

## KS2 SATs

Well done to all our Year 6 children who sat their National KS2 SATs tests last week. They have worked really hard and we wish them all the best.

## Family Homework Challenge

It was the turn of Pepper Hill families this term to take part in the Family Homework Challenge. Every child was given a lolly stick to take home to be incorporated into a model.



In the end we had over forty entries which were split into EYFS and KS1. The standard was extremely high and congratulations go to the Davies family who were overall winners in EYFS and the Riccio's who took the honours in KS1.

## Punctuality



Please can you ensure that children arrive at **Pepper Hill** by **8.30am** and at **Stanton School** by **8.45am**, so they are ready to start the day in an orderly, calm, manner. Lateness impacts on learning, not only for the individual, but the class. Please ensure that your child arrives at school in time for registration.

## Fundraising

On **Thursday 6<sup>th</sup>** and **Friday 7<sup>th</sup> June** Year 5 will be selling ice creams during morning break as a fundraiser for their World War II Day.



## Half Term

Just to remind you that we break up for Half Term at the end of the day on **Friday 24<sup>th</sup> May** and the children return to school on **Tuesday 4<sup>th</sup> June**.





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# What Parents & Carers Need to Know about GROUP CHATS

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## WHAT ARE THE RISKS?

Occurring through messaging apps, on social media and in online games, group chats are among the most popular ways that young people engage with their peers online. Involving, by definition, three or more individuals, these groups allow users to send messages, images and videos to everyone in one place. While they are useful for helping friends, people with shared interests or members of a club to communicate and coordinate activities, they can also leave young people feeling excluded and bullied – as well as providing opportunities for inappropriate content to be shared and viewed.

### BULLYING

Unkind comments or images which are purposely aimed at an individual can be shared freely in a group chat – allowing and often encouraging others to join in the bullying behaviour. If this content is shared in a group of their peers (especially a larger group), it serves to amplify the hurt, embarrassment, anxiety and isolation that the victim feels.

### EXCLUSION AND ISOLATION

This common issue with group chats can happen in several ways: starting a new group, for instance, but deliberately excluding a certain child. Likewise, the chat may take place on an app which one child doesn't have access to, meaning they can't be involved. A child can also feel isolated when a group chat is used to discuss or share images from an event that everyone else but them attended.

### INAPPROPRIATE CONTENT

Some discussions in group chats may include inappropriate words, swearing and unsuitable images or videos. These could be viewed by your child if they are part of that group, whether they actively engage in it or not. Some chat apps have a disappearing message function, so your child may be unable to report something they've seen because it can only be viewed once or for a short time.

### SHARING GROUP CONTENT

It's important to remember that – while the content of the chat is private between those in the group – individual users can easily share a message, photo or video with others outside of the group or screenshot what's been posted. The risk of something your child intended as private becoming public (and potentially going viral) is higher if there are people they don't know well in the group.

### UNKNOWN MEMBERS

Within larger group chats, it's more likely your child will be communicating with people they don't really know. These strangers may be friends of the host, but not necessarily friendly toward your child. It's wise for young people not to share personal details and stay aware that they have no control over the messages and images they share after they've put them online.

### NOTIFICATIONS AND FOMO

A drawback of large group chats is the sheer number of notifications. Every time someone in the group messages, your child's device will be 'pinged' with an alert; potentially, this could mean hundreds of notifications a day. Not only is this highly distracting, but young people's fear of missing out on the latest conversation results in increased screen time as they try to keep up with the chat.

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## Advice for Parents & Carers

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### CONSIDER OTHERS' FEELINGS

Group chats are often an arena for young people to gain social status. This could cause them to do or say things on impulse, which could upset others in the group. Encourage your child to consider how other people might feel if they engaged in this behaviour. If your child does upset a member of their group chat, support them to reach out, show empathy and apologise for their mistake.

### GIVE SUPPORT, NOT JUDGEMENT

Remind your child that they can confide in you if they feel bullied or excluded in a group chat. Instead of responding to the person who's upset them. Validate their hurt feelings and help to put them back in control by discussing how they'd like to handle the situation. On a related note, you could also empower your child to speak up if they're in a chat where others are being picked on.

### BLOCK, REPORT AND LEAVE

If your child is in a chat where inappropriate content is being shared, advise them to block the users sending the material, report them to the host app or platform and exit the group. If any of this content could be putting a minor at risk, contact the police. Emphasise to your child that it's OK for them to simply leave any group chat that they don't feel comfortable being a part of.

### PRACTISE SAFE SHARING

In any online communication, it's vital for young people to be aware of what they're sharing and who might potentially see it. Discuss the importance of not revealing identifiable details like their address, their school or photos that they wouldn't like to be seen widely. Remind them that once something is shared in a group, they lose control of where it may end up and how it might be used.

### AVOID INVITING STRANGERS

Sadly, many individuals online hide their true identity to gain a child's trust – for example, to gather information on them, to exchange inappropriate content or to coax them into doing things they aren't comfortable with. Ensure your child understands why they shouldn't add people they don't know to a group chat – and, especially, to never accept a group chat invitation from a stranger.

### SILENCE NOTIFICATIONS

Having a phone or tablet bombarded with notifications from a group chat can be a massive irritation and distraction – especially if it's happening late in the evening. Explain to your child that they can still be part of the group chat, but that it would be healthier for them to turn off or mute the notifications and catch up with the conversation at a time which better suits them.

## Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



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